

# GOOD DREAMS

## Transfusion

On the day of Pentecost, the disciples were all together in one place. And suddenly from heaven there came a sound like the rush of a violent wind, and it filled the entire house where they were sitting. Divided tongues, as of fire, appeared among them, and a tongue rested on each of them. All of them were filled with the Holy Spirit and began to speak in other languages, as the Spirit gave them ability.

Peter addressed the crowds, "Men of Judea and all who live in Jerusalem, let this be known to you, and listen to what I say, this is what was spoken through the prophet Joel: 'In the last days it will be, God declares, that I will pour out my Spirit upon all flesh, and your sons and your daughters shall prophesy, and your young men shall see visions, and your old men shall dream dreams'.<sup>20</sup>

### **1. Desire**      **I ask the Spirit for help to live my Dream.**

I find and hold an object that symbolises a dream I have for the future. With reverence and humility I open myself to the Spirit of Dreams.

I ask the Spirit for help to accomplish my dream.

### **2. Relish**      **Today I live in the Dreaming Trinity.**

I imagine I am surrounded by the Leading Trinity. Father, Jesus and Spirit, address me by name, saying, 'I have led you with cords of human kindness, with bands of love'.

Even in a place or time where past dreams have been shattered, I dare, with the help of the Spirit to dream a new future. I wonder what does God dream for me? I ponder, for a while, my dream in the mystery of the Dreaming Trinity.

I relish my dreaming.

### **3. Dream**      **I breathe in the Spirit of Dreams.**

I imagine the Spirit of Dreams breathing audacity, creativity and excitement into me. I breathe them in deep, pause, then breathe them out into my dream, my daily life, and all wild and desperate dreamers. I repeat as desired – breathing, audacious, dreaming.

I conclude, with thanks, ready for a first small step in making my dream a reality.

PRAYER TIME: 10 minutes.

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<sup>20</sup> Acts 2:14-18